



# Triple P Positive Parenting

For parents of children 0-12 years

**Seminar 1 – The Power of Positive Parenting**  
**Thursday 10 October 2024 10am**

**Seminar 2 – Raising Confident, Competent Children &**  
**Seminar 3 – Raising Resilient Children**  
**Thursday 17 October 10am**

**Perenjori Early Childhood Centre – Loading St, Perenjori**

Triple P can help:

- Encourage behaviour you like
- Deal with problem behaviour
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

**Registration essential:**

**North Midlands Community Health 9954 3200 or [NMHSAdmin.WACHS-Midwest@health.wa.gov.au](mailto:NMHSAdmin.WACHS-Midwest@health.wa.gov.au)**

## Get in touch

WA Country Health Service

Midwest Community Health

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